

## Units

### Factors Impacting on Performance

- Learning through theory and practical lessons
- Collect data on performance
- Understand some of the Mental, Emotional, Social and Physical factors that impact on performance
- Describe the effects of MESP factors on performance

### Performance Skills

- Experience MESP factors across a range of activities

#### Demonstrate:

- a range of movement and performance skills
- working cooperatively with others
- some body and spatial awareness
- techniques, compositions and tactics



## NATIONAL 4



## Added Value Unit

### Performance

- Competitive and demanding environment for performance
- Choice of activity to perform in
- Prepare → Perform → Evaluate
- Compete with and against neighbourhood high schools

## **OneDrive**

**POWERPOINTS / NOTES**

**CLASS RESOURCES**

**HOME LEARNING**

**PAST PAPERS**

## **Interventions**

**Attendance**

**Home Learning**

**Study Club Attendance**

**Missed Class Catch-Up**

**Practical Performance Log**

**Faculty Monitoring Sheets**



## **NATIONAL 4**



## **Additional Support**

**Tuesday 3:30-4:30pm**

**Thursday 3:30-4:30pm**

**Any other time by appointment**