

Curricular Area: Performance

Course Title: Dance National 5

Course Description

This course will allow students the opportunity to develop their knowledge and understanding of Dance through a range of styles and in doing so achieve the Experiences and Outcomes of the Curriculum for Excellence at a level which is appropriate to their ability. They will gain experience in Choreography, Contemporary, Ethnic, Street, Jazz and Hip Hop. The course will require participation in an after school technique class delivered in school.

Structure of the course

1. Develop dance technique and performance skills in a range of styles
2. Provide the skills and techniques to choreograph a sequence or dance piece
3. Enhance your understanding of how to look after and use your body in a safe dance environment
4. Develop leadership skills
5. Establish teamwork through, pair, group and class activities
6. Develop confidence through performance

Choose Dance if you

- Would like to develop your skills and knowledge of Dance.
- Want to learn different Dance styles.
- Would like to be able to create your own pieces of Dance.
- Want to improve your fitness levels.
- Are keen and enthusiastic.
- Are able to work independently and/or part of a team.
- Can remember your kit (dance uniform will be required)

Practical skills will require video evidence for assessment purposes

Home Study Expectations

Written and practical home study will be issued regularly to complement class work. Students will also be required to attend as many professional dance performances that become available.

Possible next level of study

Higher in S5 /6.

Wider Achievement Opportunities

Lunchtime & extracurricular clubs, school sports teams & activities, coaching & sports leader opportunities, showcase at Assemblies or at Celebration of Achievement