

Curricular Area: Design

Course Title: Health & Food Technology - Higher

Mandatory Units:

Health and Food Technology: Food for Health

Health and Food Technology: Food Product Development

Health and Food Technology: Contemporary Health Issues

The Course focuses on health, the influence of food and its nutritional properties, and the dietary needs of individuals.

The Course develops understanding of the properties of food in relation to food production, processing and the development of food products. Issues that influence food choices are investigated to allow the consumer to make an informed decision.

Learners will;

- analyse the relationships between health, nutrition and food
- develop and apply understanding and skills related to the functional properties of food
- investigate contemporary issues affecting food and consumer choice
- use research, management and technological skills to plan, make and evaluate food products to a range of dietary and lifestyle needs
- prepare food using safe and hygienic practices to meet specific needs

Assessment

All Units are internally assessed against the requirements shown in the Unit Specification.

They will be assessed on a pass/fail basis within centres. SQA will provide rigorous external quality assurance, including external verification, to ensure assessment judgments are consistent and meet national standards.

External Assessment includes an assignment and a question paper. The assignment will require application of skills, knowledge and understanding from across the Units. Learners will develop a product(s) to meet a given brief issued by the SQA.

Entry requirements

Learners would normally be expected to have attained the skills, knowledge and understanding required by

National 5 Health and Food Technology Course or relevant component Units

Career Options

Learners undertaking this Course will focus on health, food, lifestyle and consumer issues and develop practical skills that are transferable to a range of contexts, including employment. These include employment in health promotion, nutrition research, dietetics, teaching and the food production industry.

Progression from this Course includes opportunities for progression to the Advanced Higher Health and Food Technology Course and other SQA qualifications in related fields.