

Edinburgh Active Travel Advent Calendar

Taking part in the **starred** challenges could make you eligible for our **Sustrans Prize Draw!** See the next page for more details on how to win a £50 retail / restaurant voucher.

<p>1 ★</p> <p>Christmas Tree, Oh Christmas Tree: Why not walk, cycle or wheel to your nearest lights display?</p>	<p>2</p> <p>Net-Zero: Help achieve <u>Edinburgh's 2030 net zero carbon target</u> by using active travel alternatives to run errands.</p>	<p>3</p> <p>Howdy Neighbour! Invite a neighbour or friend on a lunchtime walk, cycle or wheel. Aim for a 30-minute journey.</p>	<p>4 ★</p> <p>Get your Socks on: Wear your best festive socks out and go for a walk, cycle or wheel as many times as you can during the day!</p>	<p>5</p> <p>On your Bike! Make the most of <u>Edinburgh Cycle Hire's</u> free 30min promotion and take a spin around your local area.</p>	<p>6 ★</p> <p>Heaven on Earth: Walk, cycle or wheel to your local <u>beauty spot</u>.</p>	<p>7</p> <p>And on the Pod today: Listen to a full podcast on a walk, cycle or wheel.</p>	<p>8</p> <p>Postman Pat: Instead of delivering your cards to the nearest post box, why not walk, cycle or wheel to one further away?</p>
<p>9</p> <p>Working Lunch: Meet a colleague or friend for a picnic at a place where you can both get to by bicycle or foot. Remember to wear plenty of layers!</p>	<p>10</p> <p>On your Marks: Walk, cycle or wheel around the block as fast as you can. Why not make it a race with neighbours / household?</p>	<p>11</p> <p>Hello? Take a call while on a walk, cycle or wheel - can be for work or a friendly catch-up with a friend.</p>	<p>12 ★</p> <p>International Mountain Day: Incorporate a hill into your walk, cycle or wheel. It doesn't matter what the incline is!</p>	<p>13 ★</p> <p>Active Bingo: Get the family involved and create a bingo board with various key and interesting places to visit in and around Edinburgh.</p>	<p>14</p> <p>Sunset: Get a picture of the evening sunset on a walk, cycle or wheel.</p>	<p>15</p> <p>Any Mince Pies Left? Walk, cycle or wheel to your local shop to grab those Christmas essentials.</p>	<p>16 ★</p> <p>Early Bird Catches the Worm: Complete a 20-minute walk, cycle or wheel before starting your day.</p>
<p>17</p> <p>A Day with the Fishes: Walk, cycle or wheel along the <u>North Edinburgh Shore</u>.</p>	<p>18</p> <p>On Silent: Leave your phone at home and embrace the calming sounds of local nature on a walk, cycle or wheel</p>	<p>19 ★</p> <p>Now that's a picture! Walk, cycle or wheel to <u>one your nearest areas of street artwork</u>.</p>	<p>20 ★</p> <p>Shop Local! Why not support local traders and walk, cycle or wheel to your <u>nearest outdoor market or local shop</u>.</p>	<p>21 ★</p> <p>Winter Solstice: Have a walk, cycle or wheel to capture a photo of the sunrise / sunset on the shortest day of the year.</p>	<p>22</p> <p>Into the Unknown: Go for a walk, cycle or wheel somewhere you have never been before. Let the kids decide on the route!</p>	<p>23</p> <p>Scavenger Hunt: Tally up all the various animals / plants you see while on a walk, cycle or wheel.</p>	<p>24</p> <p>Santa's Coming! Listen to Christmas songs while on a walk, cycle or wheel to get into the Christmas spirit.</p>



EDINBURGH
THE CITY OF EDINBURGH COUNCIL



Active Travel
Champions | **sustrans**
JOIN THE MOVEMENT

Prizes Information

Taking part in the below challenges could put you in with a chance to win our **Sustrans Prize Draw!** To win either a £50 Love to Shop Voucher or £50 voucher for a local shop / hospitality venue of your choice, follow the below steps:

- Take part in any of the below challenges – there isn't a limit to the number of challenges you can enter (although entries for each challenge are limited to one per person).
- Share your challenge-related picture on your own personal social media pages with the hashtags **#EdinburghActiveAdvent #ActiveTravelChampions**
- To enter yourself into the draw, send your picture & screenshot of your social media post to edinburghworkplaces@stantec.com. No problem if you aren't on social media, just email your picture to the above address.
- We'll then contact you with further information if you are a lucky winner!

All personal information will be stored in line with GDPR regulations – for more information, please see the Council's [website](#).

<p>1</p> <p>Christmas Tree, Oh Christmas Tree: Best picture of visited Christmas lights</p>	<p>4</p> <p>Get your Socks on: Best snap of the craziest novelty socks whilst out and about</p>	<p>6</p> <p>Heaven on Earth: Best picture of visited beauty spot</p>	<p>12</p> <p>International Mountain Day: Best picture of a hilltop view</p>	<p>13</p> <p>Active Bingo: Best collage of visited sites</p>
<p>16</p> <p>Early Bird Catches the Worm: Best snap of early morning walk, cycle or wheel</p>	<p>19</p> <p>Now that's a picture! Best snaps of the local street artwork</p>	<p>20</p> <p>Shop Local! Best picture of a local purchase – make sure to tag the local business!</p>	<p>21</p> <p>Winter Solstice: Best picture of the winter sunrise</p>	

On the three weekends leading up to Christmas, [Edinburgh Cycle Hire](#) are offering 30mins of free cycle hire – so what better way to get on a bike while taking part in the calendar!

Also be sure to keep an eye out for their [#SantaCycles](#) campaign, where you could be in with the chance of winning even more prizes.

For route ideas and maps, please visit the Council's [cycling and walking pages](#).

The Council is creating more space for walking and cycling due to the COVID-19 pandemic, for more information go to [Spaces for People](#).

